



Child Development Supports



April 2023 Newsletter



ONLINE DATABASE

UPCOMING VIRTUAL INFO SESSIONS

APRIL 27 1:00-2:00 PM

MAY 16 10:00-11:00 AM

JUNE 14 2:00-3:00 PM

Reminder these sessions are informal opportunities for coaches and/or program leaders supporting the screening process for programs to log in with questions. There is no need to pre-register, links will be sent prior to session times.



RIRO + BBT

Reaching In, Reaching Out (RIRO) offers evidence-based, resiliency skills training programs to strengthen well-being and resilience in adults and children through role modeling and relationships.

RIRO teaches child care and early learning staff and service providers the “3Rs of Resilience” – relaxation and reflection skills to help them respond instead of simply reacting to challenging situations.

Bounce Back and Thrive (BBT) helps parents navigate everyday stress and challenge and role model these skills in daily interactions with their children helping them and their children to bounce back and thrive. BBT was designed as an adaptation of RIRO.

RIRO will be available through individual registrations or site specific requests. A link will be posted on the ARCQE website for registration. RIRO is 12 hours of training and will be delivered in 2 or 3 hour sessions online or 2 full days in person.

BBT will be available for families to register as individuals and a link will be shared in a flyer for programs to distribute to families and on the ARCQE website. BBT is 10 weeks of 2 hour sessions (20 hours of training).

These sessions will be offered to CDS program staff and families at no cost, as long as spaces remain available.



JOIN PROJECT

We have had 50 programs initiate support in our newest CDS initiative. Please encourage other programs to complete the Service Request Form for access to the resources and coaching support available for helping programs develop an implementation strategy for using ASQ within their programs.

Programs interested in ASQ support should complete the Service Request form. [Click Here.](#)

TRAIN THE TRAINER

The next TTT opportunity is May 10-12, 2023. Participants must attend all 3 days of the training, with full participation (cameras and microphones on). One person from each agency is eligible to take this training. That person is then able to give other people within their organization an orientation to the ASQ tools. [REGISTER HERE!](#)



LEARNING SHOWCASE EVENTS

It was wonderful to have 103 participants at the Learning Showcases in Calgary and Edmonton in March. We had 21 programs share presentations of how the CDS project has impacted their program. Presentations were shared on PowerPoint, google slides, infographics and verbally on success stories, challenges, unique ways they have implemented screening in their programs and statistics. Highlights from the presentations included:

- Connecting a mother with supports for herself after seeing SE concerns with daughter.
- Reflection on the impact of not enrolling children in person for FDH.
- Decrease in complaints/concerns from families due to consistent communication about children's development.
- "(ASQ) It is an important tool that helps families to understand; we are taking the learning seriously and we are aware of our mighty learners' needs, abilities, and interests while knowing what stage they should be in for their age. In the case there are any delays during the crucial first 5 years, they can be detected and identified for referrals." – quote from day home educator.
- "I always knew there was something different about my son but as a single mom, I didn't know what to do. When you reached out to me with a plan, it showed me that I have a community of support, and that your team loves my son as much as I do. Thank you for everything you do!" – quote from a parent.
- Creation of display boards about developmental areas, emotions and activities for families.
- Activities to increase response rates – parent café and screening festivals.
- "As a new educator, I feel like I am learning alongside families, and seeing outcomes from implementing strategies and resources provided by our grasp coach!" – quote from an educator

We will be requesting consent from programs to share the presentations on our website.

RESOURCE FOR REFERRALS + FAMILY WEBINARS

Alberta Health Services has a project called Pediatric Rehabilitation, which provides information and support for children and families. We will be partnering with them to offer webinars specifically for families engaged in the CDS project.

At the bottom of their site, you can find a link to help families access Pediatric Therapy Services. You can search out services by location or postal code. [Please check out this link to their website](#)



REACH SUPPORT

Family Resource Networks and Home Visitation Agencies can now access direct coaching support for database implementation and ASQ support. Please email meyernikkid@gmail.com to arrange for coaching support.



Feedback from the Learning Showcase

"I really enjoyed this conference, but my favorite parts were the guest speaker and the questions we discussed in the tables. However, I enjoyed the activities created to network with the questions, as well as presentations because I got to learn about other programs/services out there."

"It was hearing different perspectives and then coming home to see what works for our daycare and the families."

"Everyone is using the tool based on relationships they developed with families. (Strength of families)"

"That CDS works to advocate for children and families and helps to start a conversation but also builds relationships with families."

"How to communicate with families better. How to set up a system and timeline for our team to follow / establish a routine for using the database. How to share resources with families as follow-up."

"Powerful individual story telling examples of children warmed my heart."

"Building trust through building relationships with the people in my organization. Includes children, parents, Board members, staff, and the community partners. It takes time, sincere effort and patience."

